

All About Me Placemat

Students create a personal placemat for use at school or home.

NATIONAL STANDARDS

- Health Education: Influences on Health Behaviors

PreK-5 Standard 2 - Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

- Identify how the family influences personal health practices and behaviors.

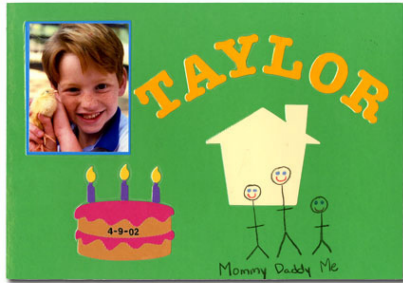
- Science: Life Science

K-4 - As a result of activities in grades K-4, all students should develop an understanding of the life cycles of organisms.

- Students select and use subject matter, symbols and ideas to communicate meaning.

- Social Studies: Individual development and Identity

PreK-12 Standard 4 - Social studies programs should include experiences that provide for the study of individual development and identity. Central to this development are the exploration, identification and analysis of how individuals relate to others.



Main

OBJECTIVE

- Create personalized placemats to celebrate students and their special qualities.

INTRODUCTION

Celebrate students and build self awareness through personalized placemats. Encourage students to share three to five special qualities about themselves to incorporate into their artwork. Customize projects with die-cuts, photographs and illustrations. Laminate the projects for practical use and consider displaying them for Back-to-School or Open House. These placemats are great ice breakers for the beginning of the year, as students and teachers learn about each other and the special talents of individuals in the classroom community. The projects can also be created as special gifts year-round. As an end-of-the-year celebration, consider highlighting favorite things students have learned in class.

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MATERIALS

Ellison Equipment Choices

[Ellison AllStar Machine](#)
[Ellison AllStar SuperStar Machine](#)
[Ellison RollModel Machine](#)

Materials and Tools Used

[Construction Paper, 9" x 12",
50 Pack, Green](#)

Ellison Dies Used

[Ellison AllStar Die - Birthday Cake & Candles](#)
[Ellison AllStar Die - House #2](#)
[Ellison AllStar Die Set - AllStar 1 1/2"
Uppercase Letters & Numbers](#)

Other Items Used

Adhesive Numbers, Cardstock, Crayons,
Glue, Pen, Photo, Poster Board, Scissors,
Tape, Tape (Double-Sided)

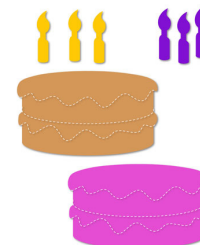


Figure A

INSTRUCTIONS

- The teacher will die-cut the materials for student use prior to the lesson.

1. Cut an 11" x 15" piece of cardstock, poster board or construction paper for each child.
2. Each student should bring in a photo of themselves. Mat the photo on a coordinating piece of cardstock or construction paper using glue, tape or other adhesive. Adhere the photo in the top left corner of the placemat (see Main Photo).
3. Using the AllStar 1 1/2" Uppercase Alphabet die-cut the letters for each student's name.
4. Die-cut an AllStar House for each student from a neutral color.
5. Each child will arrange their name with the House below it, and adhere their name and House to the placemat, leaving room to draw his or her family.
6. Using Crayons, students should draw their families, including pets, if desired.
7. Die-cut an AllStar Birthday Cake & Candles for each student from a variety of cake, frosting and candle colors (Figure A). Additional Candles will need to be cut depending on the age of the student.
8. Die-cut the flame area of the Candles from yellow construction paper for each student with enough flames for each candle. Students will cut the flame from the yellow Candles and adhere it over the various colored Candles (Figure B).
9. Leave one Cake whole. Cut along the perforated lines on a frosting-colored Cake. Be sure to cut both the top and the middle of the Cake (Figure C). Attach the frosting to the whole Cake. Add the correct number of Candles. Adhere the decorated Cake to the placemat.
10. Students may write their birth dates on the Cake or use adhesive letters.
11. Laminate the completed placemat for easy cleanup (see Main Photo).

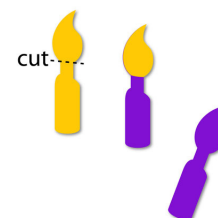


Figure B



Figure C